

# 2015 NUSEA Howe Cup Squad

Cambridge, MA

November 5-8

## Packing List

- Sleeping Bag
- 1 Pillow & Pillowcase
- 1 Towel
- Squash equipment (squash shoes, racquet, proper eye guards, water bottle)
- 6 or more squash shirts
- 4 squash shorts/skirts
- 6 or more pairs of socks
- 4 pairs of underwear
- 3 or more sports bras
- Casual clothing (not squash related)
- 1 dress (not squash related for the Aquarium reception)
- 1 fall coat
- 1 set of pajamas
- Non-squash footwear: 1 pair that is weather appropriate for walking outdoors and 1 pair for the Aquarium reception
- Flip flops or alternative footwear for showering
- Shower supplies (soap, shampoo, conditioner, etc.)
- Toiletries (toothbrush, toothpaste, deodorant, hair brush, etc.)
- Cell phone and cell phone charger
- \$25 spending money (all meals will be paid for by NUSEA)

## Contact Information:

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