SEA General Overnight-Tournament Packing List

● Squash equipment (squash shoes, racquet, proper eye guards, water bottle)
● 6 or more squash shirts
● 4 squash shorts/skirts
● 6 or more pairs of socks
● 4 or more pairs of underwear (and sports bras for girls)
● 1 sweater for between matches
● Casual clothing (not squash related)
● 1 coat (season appropriate)
● 1 set of pajamas
● Non-squash footwear (season appropriate)
● Flip flops or alternative footwear for showering
● Shower supplies (soap, shampoo, conditioner, etc.)
● Toiletries (toothbrush, toothpaste, deodorant, hair brush, etc.)
● 1 Towel
● Cell phone and cell phone charger
● Spending money as needed depending on event