



SEA COVID-19 Policies and Protocols - Individual Nationals 2022

The following policies and protocols are intended to protect those attending Individual Nationals 2022 and to limit the risk of spreading COVID-19. They were developed by SEA in consultation with medical advisors, and take into consideration CDC and U.S. Squash guidelines as well as member program feedback. These policies apply to **staff, students, and volunteers** planning to attend Individual Nationals. *[Spectators must show proof of primary COVID-19 vaccination series completion upon entering the facility and wear a medical-grade mask at all times, but are not required to test.]* **Note: if anyone attending Individual Nationals is in a high risk group for severe illness, please contact SEA so that we can factor this information into our protocols.**

INDIVIDUALS MUST NOT ATTEND INDIVIDUAL NATIONALS IF:

- 1.** They **test positive for COVID-19** on or after 5/24/2022
- 2.** They are **exhibiting any COVID-19 symptoms**, or feel any symptoms coming on
 - *They may only attend if they have a negative result from a PCR test administered after symptoms began.*
- 3.** They have been in **close contact** on/after 5/27/2022 **with someone who has COVID-19**
 - *Individuals who have had **every shot they qualify for** (i.e. boosted if eligible) may attend if they are asymptomatic and receive two negative antigen test results taken at least 24 hours apart*
 - *Individuals who have had COVID within the past 90 days and are fully recovered (more than 10 days out from the onset of symptoms) may attend if they are asymptomatic and receive two negative antigen test results taken at least 24 hours apart*
- 4.** They have been in **close contact** on/after 5/27/2022 **with someone exhibiting COVID-19 symptoms**
 - *Individuals who have had **every shot they qualify for** (i.e. boosted if eligible) may attend if they are asymptomatic and receive two negative antigen test results taken at least 24 hours apart*
 - *Individuals who have had COVID within the past 90 days and are fully recovered (more than 10 days out from the onset of symptoms) may attend if they are asymptomatic and receive two negative antigen test results taken at least 24 hours apart*
 - *All other individuals may attend if they themselves are not exhibiting any COVID-19 symptoms AND the person exhibiting COVID-19 symptoms receives a negative PCR test result*

Programs are responsible for verifying this information and notifying SEA if anyone is unable to attend.

If helpful, please use the [SEA COVID-19 Screening Questions](#) to verify if an individual should attend Individual Nationals. This resource is optional for programs; SEA will neither require nor collect completed handouts.

VACCINATION

Attendees must submit [proof that they have completed their primary COVID-19 vaccination series](#) (final shot date must be no later than May 19, 2022).

TESTING

- **REQUIRED – Pre-event testing:** Everyone must submit a [negative COVID test](#) within 3 days of the event start (taken no earlier than May 31, 2022). **Given the rise in COVID rates, PCR tests are STRONGLY encouraged, especially for counties that are “high risk” according to the CDC.** While PCR/NAAT testing is preferred, all COVID-19 test types will be accepted, including PCR/NAAT, antigen, and at-home tests. *Note: If availability/cost of testing is a challenge for your program, please contact SEA.*
 - Anyone who has had COVID-19 within the last 90 days and has fully recovered should take an antigen test instead of a PCR/NAAT test. *An individual is considered fully recovered once more than 10 days have passed since the onset of symptoms AND they are no longer symptomatic.*
- **RECOMMENDED – Post-event testing:** Everyone is encouraged to test after the event, particularly if any symptoms appear. If anyone tests positive, please notify SEA so that we can inform anyone who may have been a close contact (we will keep the identity of anyone who tests positive confidential, including which member program they are from).

MASKING

- Mask-wearing on-court – **POLICY TBD.** *Given the rise in COVID rates, masks will likely be required at all times, including during match play.*
- Mask-wearing is required off-court at all times, other than when eating or drinking.
- Facemasks must cover the mouth and nose.
- Medical quality masks are required (cloth masks are not sufficient); SEA will have extra masks on-hand for those who need them.
- Masks should be changed at least daily, as well as anytime they are wet or damaged.

SOCIAL DISTANCING

- Everyone should maintain social distancing of at least 6 feet whenever possible.
- No one should share water bottles and/or eating utensils.
- Close physical contact (hugging, shaking hands) should be avoided; we recommend touching racquets at the end of matches.

OTHER

- Players should avoid wiping their hands on the court wall; please bring sweatbands if possible.
- Players are encouraged to shower at their hotel, rather than at the facility.

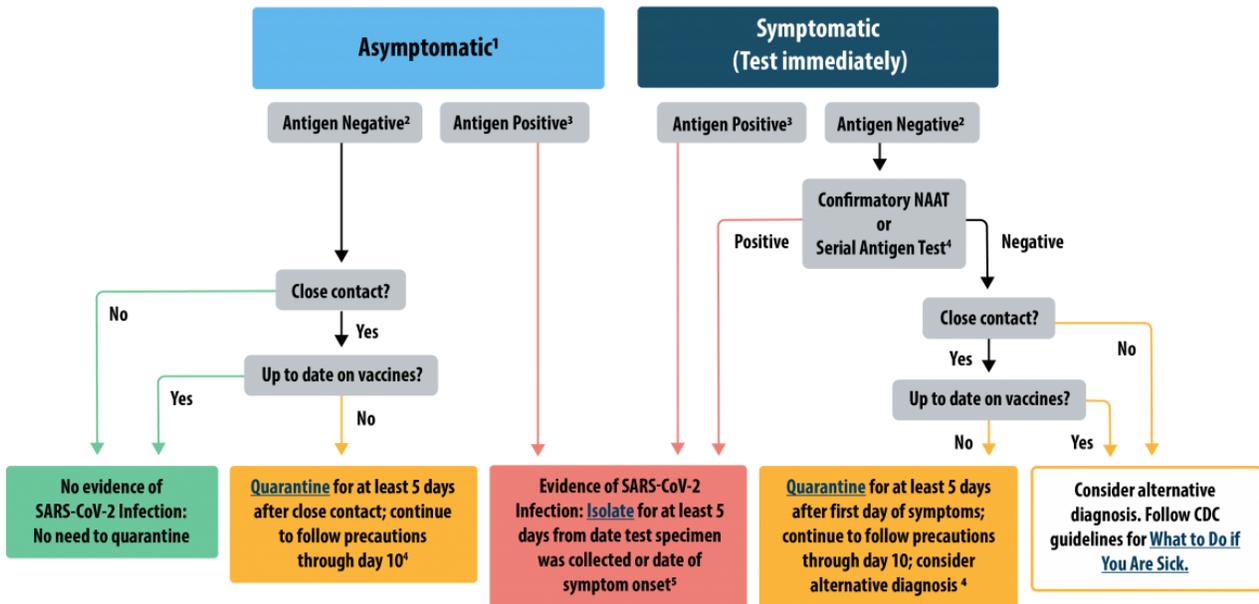
PROTOCOL IF SOMEONE TESTS POSITIVE FOR COVID-19 AT INDIVIDUAL NATIONALS

- Anyone determined to be a close contact will follow the protocol outlined in the chart below (from the [CDC](#)). The only close contacts who would **not be required to quarantine** are those who have had either:
 - **Every COVID-19 vaccine that they qualify for** (i.e., boosted if eligible), are asymptomatic, and test negative via an antigen test;
 - **Or COVID-19 within the last 90 days**, are asymptomatic, and test negative via an antigen test.

ALL OTHER CLOSE CONTACTS WOULD BE REQUIRED TO QUARANTINE.

- Close contacts would include anyone who shared a hotel room, traveled or played squash together (including in the 48 hours prior to symptom onset/positive test), as well as anyone else identified as being within 6 feet for a cumulative total of more than 15 minutes within a 24-hour period.

- All close contacts, including those who are not required to quarantine, must wear a mask at all times when not isolated.



Definition of “up to date” – those eligible to receive a booster shot are “up to date” immediately upon receiving their booster shot; those not yet eligible to receive a booster shot are “up to date” two weeks after their primary series is complete.

IF QUARANTINE/ISOLATION IS NEEDED AT INDIVIDUAL NATIONALS

- Every effort will be made to safely transport the affected individual home early. If the individual is a student, parents/guardians will be contacted and SEA and program staff will work together to try to coordinate early transportation home under the supervision of an adult.
- Programs should plan for how they would handle a situation in which an individual needs to quarantine or isolate at the hotel. If at all possible, SEA strongly recommends that at least two staff members from each member program attend the event.

DEFINITIONS	
<p style="text-align: center;">CLOSE CONTACT</p> <p>Close contact is defined by the CDC as someone who was less than 6 feet away from an infected person (lab-confirmed or clinically diagnosed COVID-19 case) for a cumulative total of at least 15 minutes within a 24-hour period. A person may be identified as a close contact irrespective of their location (indoors or outdoors), masking practices, and vaccination status during their instance(s) of exposure to the infected person. An infected person can spread COVID-19 beginning 48 hours before, and ending 11 days after showing any symptoms of COVID-19 (or, if asymptomatic, 48 hours before they were swabbed for the positive test that confirmed COVID-19).</p>	<p style="text-align: center;">COVID SYMPTOMS</p> <p>Possible signs or symptoms of COVID-19 are defined by the CDC as any of the following:</p> <ul style="list-style-type: none"> • fever greater than 100.4°F or chills • Cough, sore throat, congestion or runny nose • shortness of breath or difficulty breathing • headache, muscle or body aches • new loss of taste or smell • nausea, vomiting, or diarrhea <p><i>Note: Program staff members are responsible for monitoring themselves and their students for symptoms. Programs are encouraged to bring thermometers.</i></p>