



Beyond Walls: Urban Squash Twin Cities www.beyondwallsmn.org

Job Title: Health and Wellness Director (Full Time)

Reports to: Executive Director

Beyond Walls is Twin Cities based out-of-school time, youth development program which uses health and wellness coaching through squash and pickleball, in combination with academic mentoring, college readiness, community services and fitness education in order to make a deep impact on the lives of economically disadvantaged youth. Beyond Walls strategically partners with the University of Minnesota and the Squash and Education Alliance (S.E.A.). Beyond Walls works with approximately 50-60 youth in grades 6th-12 from key partner schools and over 20 college mentors and racquet sports volunteers.

The mission of Beyond Walls is to inspire confidence and encourage academic excellence with urban youth as life-long learners and active leaders-both on and off the court.

Broad Job Scope and Function of Job:

Leads all facets of Beyond Walls squash, pickleball and health and wellness programming including squash/pickleball skill instruction and guidance in mental and physical health. Through the sports of squash and pickleball-promote developmental assets and leadership skills through one-on-one coaching and large group instruction while maintaining overarching program themes including effort, attitude, persistence, goal-setting and teamwork. Work to meet the goals of Beyond Walls recognizing the importance of all three pillars-educational enrichment,civic leadership development, health and wellness. Manages and supports volunteers through training and direct instruction. Ensures youth receive support specific to their developmental needs and maintain respect and understanding for each student's diverse ethnicity, age, and lived experience. Must be able to relate with and have experience in building relationships and program work in economically disadvantaged communities and communities of color. Direct and lead program operations including food service program and transportation scheduling.

Principal Accountabilities: The responsibilities of the Health and Wellness Director include, but are not limited to:

Youth Development Programming:

- Create an engaging, inclusive, high-energy environment that promotes mental, emotional and physical health.
- Facilitate structured and intentional squash/fitness/pickleball programming.
- Develop Individual Learning Plans related to each student's self-identified health/wellness goals. ● Coach one-on-one/large group settings supporting youth health/wellness training plans. ● Manage student group dynamics ensuring student engagement through knowledge and experience in youth development.

Health and Wellness Program Development:

- Lead 2 daily, 70 minute health and wellness sessions, Monday-Friday during after school hours (approximately 2:30-6:30 p.m.) and 1-2 Saturdays per month.
- Lead and coordinate 4 full weekend trips throughout the school year and summer.
- Coordinate all local and national traveling opportunities/squash/pickleball tournaments including travel logistics, lodging, tournament entry information, and communication with families and staff surrounding travel details. ● Develop long-term pickleball, squash and health/wellness training plans which will inform daily lessons/practices.
- Communicate weekly/daily plans with all volunteers and instructs volunteers on daily drills and program details.
- Actively recruits more volunteers as needed.
- Organizes all volunteers and training providing extra training if needed.
- Prepare materials and plans for the program outside of stated hours, as needed.
- Communicates progress and goals with current families and other key stakeholders.

Administrative Duties:

- Collaborate and meet weekly with the Academic and Community Partner Director
- Organize, track and schedule meal service support through Minneapolis Public Schools
- Organize and schedule all transportation operations through contract bus company acting as primary contact and program liaison
- Meet weekly with the larger team for staff meetings and as needed with the Executive Director.
- Manage inventory/equipment needs such as team uniforms, squash glasses, racquets, paddles. balls, nets, etc.
- Lead identified fundraising goals for BW's largest squash event, Beyond Walls Squash Week
- Assist Academics and Operations Director and/or Executive Director in completing necessary reports/evaluations to meet professional contractual obligations, in compliance with BW procedures.

Professional Development:

- Actively seeks to improve effectiveness via staff development opportunities, workshops, training and conferences etc.
- CPR training and Youth Evaluation Tool training is expected
- Identifies professional, on-going goals through the programming period.

Additional Accountabilities:

- Participate and engage with participants during all community service outings.
- Participate in the academic support component of the program as needed.
- Fulfill additional responsibilities at the discretion of the organization.
- Attends Beyond Walls events such as Beyond Walls Squash Week and Raise a Racquet Gala etc.
- Driving of youth participants as needed.
- Assists with the annual student recruitment process (school presentations, try-outs, school visits)
- Other program responsibilities as needed

Preferred Experience:

- Coaching Certification
- Extensive Squash, Pickleball and/or racquet sport experience
- Coaching Experience (specifically with youth from program community backgrounds and small groups)
- Bilingual in English and either Spanish or Hmoob

Additional Qualifications:

- Must maintain a valid MN Driver's License and safe driving record.
 - Must have a strong understanding and relative ability to play both squash and pickleball.
 - Understanding of youth development and effective professional practices.
 - Must have experience coaching, teaching and engaging groups of students.
 - Must have an understanding of group dynamics and best practices.
 - Works across ethnic/racial/economic lines for effective communication and rapport.
 - Works in a collaborative and coordinated effort.
 - Communicates effectively in oral and written forms.
 - Self-starts and effectively problem solves.
 - Ability to prioritize duties and organize workload.
 - Handles confidential information separately and professionally.
 - Sets appropriate limits on personal and professional boundaries.
 - Criminal background check required if hired.
 - Computer competency required
- **Benefits** 40 hours per week, plus benefits including health insurance, transportation stipend, U of M rec center membership, professional development budget
 - **Salary Range** (DOQ): 45,000-50,000 per year

Beyond Walls: Urban Squash Twin Cities provides equal employment opportunities (EEO) to all employees and applicants for employment without regard to race, color, religion, gender identity, sexual orientation, national origin, age, or disability.

Interested and excited applicants should email Sammy, Beyond Walls' executive director, at sloeksdavis@beyondwallsmn.org with resume and cover letter. Applications will be reviewed on a rolling basis.